

Waconia Dental

Notice of Privacy Practices

This notice describes how medical information about you may be used and disclosed and how you can get access to this information. Please review it carefully.

The Health Insurance Portability & Accountability Act of 1996 (HIPAA) is a federal program that requires that all medical records and other individually identified health information used or disclosed by us in any form, whether electronically, on paper, or orally, are kept properly or confidential. This Act gives you, the patient/client, significant new rights to understand and control how your health information is used. HIPAA provides penalties for covered entities that misuse personal health information.

As required by HIPAA, we have prepared this explanation of how we are required to maintain the privacy of your health information and how we may use and disclose your health information.

We may use and disclose your medical records only for each of the following purposes: treatment, payment, health care operations, as specified by law and ethical guidelines; and other situations required by law.

- **Treatment** means providing, coordinating, or managing health care and related services by one or more health care providers. Examples of this would include mental health services, medical or psychiatric or psychological consultation, and medical examinations.
- **Payment** means such activities as obtaining reimbursement for services, confirming coverage, billing or collection activities, and utilization review. An example of this would be sending a bill for your visit to your insurance company for payment.
- **Health care operations** include the business aspects of running our practice, such as conducting quality assessments and improvement activities, auditing functions, cost management analysis, and customer service. An example of this would be an internal quality assessment review or contacting you to get your view of the quality of services provided.
- **Specified by Law & Ethical Guidelines** include mandated reporting laws (e.g., reporting the abuse or neglect of a child or vulnerable adult); safety concerns and duty to warn laws (e.g. intervening to prevent you from acting on serious threat to your own or another's safety); in response to a court order or subpoena; and to cooperate with a request or investigation by the Minnesota Board of Psychology.
- **Any Other Situation Required by Law** include other requests from law enforcement or other governmental agencies in the investigation of certain crimes (e.g. missing children; abuse or neglect of children or vulnerable adults; homicide; and nation security issues).

We may also create and distribute de-identified health information by removing all references to individually identified information. This may occur for case consultation or research purposes.

We may contact you to provide appointment reminders or information about treatment alternatives or other health-related benefits and services that may be of interest to you.

Any other uses and disclosures will be made only with your written authorization/consent. You may revoke such authorization in writing and we are required to honor and abide by that written request, except to the extent that we have already taken actions relying on your authorization/consent.

You have the following rights with respect to your protected health information, which you can exercise by presenting a written request to the Privacy Officer.

- The right to request restrictions on certain uses and disclosures of protected health information, including those related to disclosures to family members, other relatives, close personal friends, or any other person identified by you. We are, however, not required to agree to a requested restriction. If we do agree to a restriction, we must abide by it unless you agree in writing to remove it.
- The right to reasonable requests to receive confidential communications of protected health information from us by alternative means or at alternative locations.
- The right to inspect and copy your protected health information.
- The right to amend your protected health information.
- The right to obtain and we have the obligation to provide to you a paper copy of this notice from us at your first service delivery date.
- The right to provide and we are obligated to receive a written acknowledgement that you have received a copy of our Notice of Privacy Practices.

We are required by law to maintain the privacy of your protected health information and to provide you with notice of our legal duties and privacy practices with respect to protected health information.

This notice is effective as of 04/14/2003 and we are required to abide by the terms of Notice of Privacy Practices currently in effect. We reserve the right to change the terms of our Notice of Privacy Practices and to make the new provisions effective for all protected health information that we maintain. We will post and you may request a written copy of a revised Notice of Privacy Practices from this office.

You have recourse if you feel that your privacy protections have been violated. You have the right to file a formal, written complaint with us at the address below, or with the Department of Health and Human Services, Office of Civil Rights, about violations of the provisions of this notice or the policies and procedures of this office. We will not retaliate against you for filing a complaint.

Waconia Dental
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Waconia, MN 55387

The U.S. Department of Health and Human Services
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